



Family Road Map Facilitator Certification Training

For Social Workers, Counselors,
Clinicians, Family Support Partners, Case
Managers, and School Staff

*Help families of children and youth with
behavioral, developmental, psychiatric, or
other special needs break through the
confusion of navigating systems*

Family Road Map Institute's "Guiding Star"
curriculum is a simple, practical engagement
tool that can be integrated into case
management as a flexible resource to meet
individual needs in therapy, support groups or
Wraparound.

[Watch the Family Road Map
Guiding Star Video](#)

Hosted by: Allegheny Family Network

Location: 425 North Craig Suite 500,
Pittsburgh, PA

MARCH 16-17, 2018

8:30am – 4:00pm

Cost: \$400

Lunch is Provided

Registration Deadline

3/5/18

CROSSTRAIN
Young Adult
Road Map Coach
Program! *

To register, go to

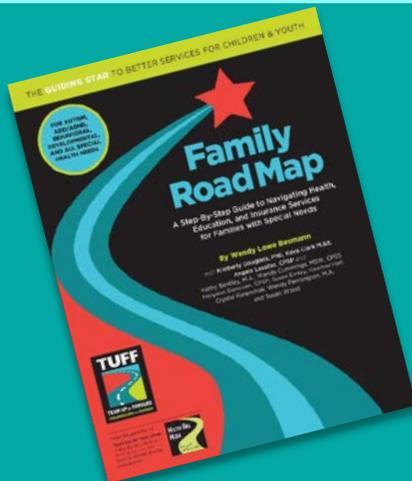
www.familyroadmap.org/training-registrations/

or contact alassiter@familyroadmap.org for more
information.*

Family Road Map Facilitators Receive:

- ✓ Family Roadmap Guide & Activities Booklet
- ✓ Family Road Map Lesson Plan Manual
- ✓ Step-by-step case management videos,
classroom aids and worksheets.
- ✓ Free one-year membership in the Family
Road Map Institute National Learning
Collaborative, which includes unlimited
technical assistance for implementing
programs, free continuing education
webinars, and discounts on classroom/case
management materials for families.

* Go to www.familyroadmap.org/training-registrations/ for information on **CROSS TRAINING** discounts for adding *Young Adult Road Map Coach Training* at AFN Thursday, March 15 in Pittsburgh March 16-17; total cost is \$650 for all three days.



Family Road Map Facilitators teach families to:

- Set goals based on strengths and concerns.
- Understand key words, rules, and procedures.
- Communicate effectively with providers.
- Keep good records and manage health data
- Build positive relationships with providers.
- Find support to meet ongoing challenges.

Look inside the Family Road Map Guide & Curriculum

Guiding Star Point One SET GOALS

Choosing a Path that Fits “The Big Picture”

- ~Picturing an “Everyday Life” Plan
- ~Analyzing your strengths
- ~Creating an inventory of concerns
- ~Identifying your priorities
- ~Bringing family, mentors, and others into the conversation

Guiding Star Point Two LEARN SYSTEM BASICS

Getting Prepared to Navigate Systems

- ~Key words that open doors
- ~Understanding provider roles
- ~Making sense of evaluations
- ~Recordkeeping made easier
- ~What to know about intake interviews

Guiding Star Point Three BUILD RELATIONSHIPS

Working as an Equal Partner With Your Network

- ~Tips for good communication
- ~Asking effective questions
- ~Making the most of appointment time
- ~Practicing Assertiveness
- ~What to do if someone’s not listening

Guiding Star Point Four MANAGE INFORMATION

Keeping Records, Using Health Data to Make Good Decisions

- ~Avoiding medication mix-ups
- ~ Simple strategies for managing paperwork
- ~Getting and giving information between visits
- ~Tracking treatment progress, reporting results
- ~Dealing with treatment bills and benefits

Guiding Star Point Five FIND SUPPORT

Coping with Challenges, Strengthening Your Network

- ~Wellness survival kit
- ~Identifying assets and resources
- ~Building a resiliency plan
- ~Lowering stress on the whole family
- ~Widening the circle of support

Guiding Star Point Five THE CLASSROOM-TREATMENT CONNECTION

A Five-Point Plan for Navigating School Services

- ~Mapping special education basics
- ~How to be effective at IEP meetings
- ~Getting plain answers to complicated test scores
- ~Tricks and tips for getting things done
- ~Building the most effective goals

See other side for details about Young Adult Road Map cross-training!